

Patient Registration Form

Pain Institute, PLLC

Date_____ Primary Care Dr. _____
Patient Last Name_____ First _____
DOB_____ Marital Status_____ Is this your legal name _____
Address _____
City_____ ST_____ Zip Code _____
Home # _____ Cell# _____
Social Security _____ Occupation _____
Employer _____ Work # _____

Insurance Information

Person responsible for bill _____ DOB _____
Phone _____ Occupation _____ Employer _____
Address if different from above _____

Primary Insurance _____ Subscriber's name _____

DOB _____ ID# _____ Policy _____ Group _____

Relationship to subscriber _____ spouse _____ child _____ self

Secondary Insurance _____ Policy _____ Group _____

Who may we release your medical information to (ie: appt day and time) _____

In Case Of Emergency

Local friend or relative not living with you _____
Relationship _____ Cell _____ Phone _____

The above information is true to the best of my knowledge. I authorize my insurance benefits be paid directly to the physician. I understand that I am financially responsible for any unpaid balance. I also authorize **The Pain Institute** to release any information required to process my claims.

Patient/Guardian Signature _____ **Date** _____

Pain Institute

Narcotic Medication Agreement

***Please initial before each and sign at the end of the agreement**

_____ You will be receiving narcotics for the treatment of your pain. It is important that you understand the risks and responsibilities that go along with this treatment. Please read each statement carefully and sign this agreement /contract below. If you have any questions regarding this information or office policy regarding the prescribing of narcotics, please request clarification. I _____ understand that any medical treatment is initially a trial, and that continued prescription is based on evidence of benefit. I understand the goal of using narcotics is to decrease my pain and increase my functional level. If my pain does not significantly decrease and /or my function increase, the medication will be stopped.

_____ I am aware that the use of such medications have certain risks associated with them, including, but not limited to: sleepiness or drowsiness, constipation, nausea, itching, vomiting, light headedness, dizziness, confusion, allergic reaction, slow breathing rate, slowing of reaction time or reflexes, kidney or liver disease, sexual dysfunction, physical dependence, tolerance to analgesia, addiction withdrawal, and the possibility that the medication will not provide complete relief.

_____ The overuse of narcotic medication can result in serious health risks including respiratory depression or even death. This medication will be strictly monitored and all medication will be filled at the same pharmacy. (Should you need to change pharmacies, the clinic must be informed.) The pharmacy I have selected to use is Pharmacy _____.

_____ I cannot receive this medication by phone. I will not call the office to have a prescription called in. I am responsible for making and keeping scheduled appointments. Early refills are not permitted.

_____ I will take the narcotic medications only as prescribed. Any changes must be made by the provider and discussed with me and agreed upon. The provider has the right to increase/decrease/change medication as deemed necessary per results reported by me and by findings of my physical exam, urine drug screen results, and any other information important in the treatment of pain.

_____ Medications will not be replaced if they are lost, stolen, get wet, are destroyed, left in vehicle etc. even with police report. It is expected that you will take the highest degree of responsibility with your medication and health care. Your medication should not be left where others may see them or have access to them, especially children.

_____ Do not tell anyone that you are a patient of a pain clinic because of a high risk of stealing your medication. If anyone approaches you in the parking lot or asks you about your medication, please do not give them information even though it may seem like casual conversation. Report such activity to the clinic immediately.

_____ I agree that only my Pain Institute provider will prescribe my narcotic medication. I will not obtain or use narcotics or other controlled substances from a source other than the Pain Institute unless it has been discussed with the Pain Institute first. I will advise all other providers that I see to confer with the Pain

Institute Providers for any changes or need for additional narcotic medications. If it is brought to the attention of the clinic that other providers are prescribing medications for me, the Pain Institute reserves the right to discontinue prescribing medications and/or discharge me from the clinic.

_____ I will inform my provider at the **Pain Institute** of any changes in my medication condition, any changes in my prescriptions and/or over the counter medications that I take and any adverse effects that I may experience from any medications that I take.

_____ I understand that the use of chronic narcotic medication carries the risk of addiction as well as side effects from the medication. I understand that narcotics may impair my ability to operate a motor vehicle or heavy equipment. The **Pain Institute** will not be held liable while under the influence of prescribed medications.

_____ I will not use illegal "street drugs" while receiving medication from **Pain Institute**. I will communicate fully and honestly with my providers about the character and intensity of my pain, the effect of pain on my daily life, and how well the medications is helping to relieve my pain.

_____ Random supervised urine screens will be a part of my treatment plan. I agree to have them done when the provider requests it. The prescribing provider has my permission to discuss all diagnostic and treatment details with dispensing pharmacists or other professionals who provide my health care for purpose of maintaining accountability. If the responsible legal authorities have questions concerning my treatment, as it may occur that I may be obtaining or trying to obtain medications at several pharmacies, doctor shopping, etc. All confidentiality is waived and these authorities may be given full access to my records, including to be reported to the **Drug Enforcement Agency (DEA)**.

_____ It is a felony to obtain narcotic medication under false pretenses. This includes getting medication from more than one provider, misrepresenting myself to obtain medications, using them in a manner other than prescribed or diverting the medications in any other way (selling). Males will need to have their primary care provider monitor testosterone levels. Females need to notify clinic of possible pregnancy to prevent birth defects and/or dependency in newborns.

_____ I will discontinue the use of all previous prescribed narcotics and pain medications unless the **Pain Institute** provider instructs me to continue them. I will take medications as prescribed. I will not break or dissolve them in a liquid, melt, crush, inject, or snort them. Potential toxicity and rapid absorption may lead to DEATH!

_____ Any patient caught sleeping or nodding off in the waiting room will have their medication decreased. Additionally, patients that come to the clinic clearly under the influence will also have their medication decreased.

_____ All patients on opioid pain medication in conjunction with benzodiazepines/CNS depressants will be counseled by a provider and required to sign the opioid and benzo use policy. Once this is signed patient will be required to: (1) titrate down off of the benzo, (2) titrate down off of the opiate, or (3) obtain letter of medical necessity from a mental health provider.

_____ I understand that narcotic medication will be stopped or tapered down if any of the following occur:

1. I trade, sell, or misuse or abuse the medications
2. The clinic finds that I have broken any part of this agreement.
3. I do not comply with a random urine test when asked.
4. My urine tests shows the presence of any medications that the staff are not aware of, the presence of illegal drugs, or does not show medications that I am receiving for, or the level in my system is not therapeutic for the prescription (too high/low/no metabolites for long term use).
5. If I get narcotics from sources other than the Pain Institute
6. If any member of the professional staff of **Pain Institute** feels that it is in my best interests that narcotics be stopped.
7. I display any aggressive/hostile/threatening behavior toward staff or **Pain Institute**.
8. If I consistently miss scheduled appointments.
9. If patient is called in for pill count and does not have it done.

_____ I understand that discharges are handled on an individualized basis and my provider can decide to discharge me at any time, for any reason.

It is understood that failure to adhere to this agreement may result in cessation of therapy with controlled substance prescribing (no narcotic prescriptions will be written).

I have read and understand the Narcotic Medication Agreement. By signing this agreement, I affirm that I have read, understand, and accept all terms of this agreement.

Patient Signature _____ **Date** _____

Staff Witness _____ **Date** _____

Controlled Substance Policy

The ability to prescribe narcotic benzodiazepines and other controlled substances is a privilege that is granted by the DEA. The Drug Enforcement Agency (DEA) has strict regulations governing the prescribing of controlled substances. The providers at the **Pain Institute** take this privilege very seriously. This policy is designed not only to safeguard this privilege but to also ensure that the Pain Institute provides appropriate patient care.

Controlled substances are prescribed for short-term use only. If required for periods longer than a few weeks, and a definitive diagnosis has not been established, a diagnostic evaluation (which may include referral for consultation with one or more specialists) will be initiated to determine the diagnosis. If the patient chooses not to pursue diagnostic evaluation, the Pain Institute will not be able to continue prescribing narcotics.

If for any reason you need a change in your RX you must have a scheduled appointment with the provider to do so. We will not write any controlled substances without being seen by a provider. No exception. We are not responsible for changing medication due to prior authorization, pharmacy lack of medications, unable to afford medications. All patients will be required to have another office visit.

If your drug screen has to be repeated, it will be filed with your insurance or a charge of \$50.00 for self-pay patients. If there is an inconsistency due to a breach of narcotic agreement, no meds will be given until a clean UDS is received. Then an office visit will be scheduled. Patients with insurance will have the office visit filed and self-pay patients will have to pay for another visit.

Walk-ins are not welcome. All controlled substances that are written must have an office visit. The only exception is if the confirmation from the UDS regarding self-pay patients comes back clean.

Patient Signature _____ **Date** _____

The patient has read and indicated understanding of the agreement

The agreement was read to the patient who indicated understanding

Staff Witness _____ **Date** _____

Pain Institute

Our goal is to provide quality medical care in a timely manner. In order to do so, we have had to implement an appointment/cancellations policy. This policy enables us to better utilize available appointments for our patients in need of medical care.

Cancellation of an appointment

In order to be respectful of the medical needs of other patients, please be courteous and call the Pain Institute promptly if you are unable to attend an appointment. This time will be reallocated to someone who is in urgent need of treatment. If it is necessary to cancel your scheduled appointment, we require that you call at least 24 hours in advance and calling early in the day is appreciated. Appointments are in high demand, and your early cancellation will give another person the possibility to have access to timely medical care. Excessive cancellations and reschedules will result in a \$50 fee.

How to cancel your appointment

To cancel appointments, please call the office and speak with someone. If it is after business hours please leave a detailed message on the machine. If you would like to reschedule your appointment, please be sure to leave us your phone number and let us know the best time to return your call.

Late Cancellation

Late cancellation will be considered as a "no show" if cancelled less than 24 hours before appointment

No Show Policy

A "no show" is someone who misses an appointment without cancelling in an adequate manner. "No shows" inconvenience individuals who need access to medical care in a timely manner. Failure to be present at the time of an office visit will be recorded in the patients chart as a "no show". The first time there is a "no show" there will be no charge to the patient, only a warning. Any additional "no shows" will result in a \$50.00 charge on the following office visit. The patient insurance will not be billed for this. This fee will be waived depending on the situation. Also, if an injection is missed, the patient will receive a 10% reduction in medication. The injection appointment will then be scheduled for the next injection date.

Patient Signature _____ **Date** _____

Staff Witness _____ **Date** _____

Pain Institute

Our Policy: All patients are required to pay their co-pay and any estimated co-insurance and deductible at the time of service is rendered. If your insurance does not pay for any reason within 60 days, you will be responsible for the payment and future payments until your insurance does make payment. After that time if you are due a refund, you may be refunded a portion of what you paid out of pocket depending on what your insurance does pay.

You are responsible for all services rendered- if your insurance does not pay for any reason the balance is then your responsibility. If you are a self -pay patient you will be required to pay for your office visit before being seen. However, you are responsible for any additional cost related to the visit. Federal law requires that we bill every patient the same amount, we are not allowed to charge billing based on whether a patient has insurance or not.

Insurance Patients- It is your responsibility to

1. Provide us with updated and current insurance information at each visit
2. Provide us with updated contact information (numbers, address)
3. Pay for any services not covered by your insurance
4. Make sure you have a current referral if your insurance requires one.

Referrals and Authorizations- it is your responsibility to verify your insurance coverage and obtain any referrals and authorizations. As a courtesy to our patients, we will file all claims with your insurance carrier and provide them with any information necessary to process the claim.

If the insurance company denies your claim stating you were not eligible or your coverage are terminated (ended) or for any other reasons, you will be responsible for the balance. If you have new insurance, we will file your new insurance company. However, no refunds will be issued until payment is received.

Medicare/TennCare Patients: You will be responsible for any balance if your insurance claim comes back that was denied for ineligible coverage.

Unpaid Bills: You will be responsible for any balance if delinquent accounts. If your account is placed with a collection agency you will be responsible for all collections and attorney's fees necessary to collect this debt.

I _____ have read fully and understand my financial responsibility under the policy.

Patient Signature _____ **Date** _____

Staff Witness _____ **Date** _____

Per the State of Tennessee Regulation for a Certified Pain Management the Pain Institute will only accept cash in this matter:

TENN. CODE ANN. § 63-1-310:

- (a) A pain management clinic may accept only a check or credit card in payment for services provided at the clinic, except as provided in subsection (b).
- (b) A payment may be made in cash for a co-pay, coinsurance or deductible when the remainder of the charge for the services will be submitted to the patient's insurance plan for reimbursement.

Patient Signature: _____ Date: _____

Pain Institute

Patient Name _____ **Date** _____

Drug Allergies: _____

Current Medications: _____

**Past Medical
History:** _____

Surgical History: _____

Implantable Devices: _____

Acknowledgement of Receipt of Privacy Practice

Patient Name _____

I acknowledge that I have received the Notice of Privacy Practices that explains how the Pain Institute may use or disclose my protected health information. I also acknowledge that I have the right to review the Notice of Privacy Practices, to have it explained to me, and to have my questions answered.

Medication Change Policy

Here at the **Pain Institute** we care for your health and well-being. That being said, it is our policy that if a medication is lost, stolen, misplaced, and is not in your system, your medication will be cut in half. Not taking or having medication as prescribed and restarting at the same level may be harmful to your health and make you sick or cause accidental overdose. Any patient who misses an appointment or constantly changes their appointments due to being out of town working or for an emergency will also have their medication decreased in half.

Patients who believe their medication is not helping and believe they need it increased or changed must have recent x-rays or MRI's showing the possible need for increase. We must have current radiology per TN state law. No medication increase will be done unless we have proper documentation showing a valid reason to justify an increase in medication.

Patient Signature _____ Date _____

Staff Witness _____ Date _____

Review of Systems

Please circle any of the things you have had within the past month or have been diagnosed with:

General:

- High blood pressure
- Fever/sweats
- Fatigue
- Loss of appetite/weight change

Eyes:

- Vision change/blurred/double vision
- Eye disease or injury
- Glaucoma

Ears/nose/throat/mouth:

- Hearing loss
- Ear ringing
- Earache/drainage
- Nosebleeds
- Trouble swallowing
- Sore throat
- Thyroid disease
- Snoring

Musculoskeletal:

- Joint pain/stiffness
- Muscle pain/cramps/weakness

Skin:

- Rash/Lesions/Ulcers

Cardiovascular:

- Chest pain/angina
- Palpitations
- Shortness of breath
- Leg swelling
- Heart murmur
- Heart disease/hypertension

Respiratory:

- Cough/dry/productive
- Shortness of breath
- Wheezing

Gastrointestinal:

- Problems with bowel movements
- Nausea/vomiting
- Rectal bleeding
- Heartburn
- Abdominal pain

Genitourinary:

- Flank pain
- Kidney stones/kidney disease
- Dialysis
- Blood in urine

Neurological:

- Headaches
- Numbness/tingling(location_____)
- Tremors

Blood/Lymph:

- Slow wound healing
- Easy to bleed/bruise/blood clots
- History of leukemia of lymphoma

Other:

- Nervousness/anxiety
- Depression
- Insomnia
- Confusion/memory loss

Other Health Problems

Pain Institute

Urine Drug screens are mandatory at the Pain Institute. Any patient that brings in fake urine will forfeit their office visit and any monies that they have paid for that day. Bringing someone else's urine, tampering or falsifying information will result in loss of monies for that visit. This may also result in immediate discharge without medications from this clinic. The cups that are used are very sensitive to temperature and detect most attempts to alter drug screens. I have read and completely understand the consequences of tampering with urine drug screens at the Pain Institute. Falsifying is also considered fraud which can result in the authorities being notified.

Patient Signature _____ **Date** _____

Staff Witness _____ **Date** _____

Pain Management and Contraception

Females Only

According to Tennessee State Law, women in chronic pain that seek treatment through a pain clinic must be responsible to decide to continue some type of birth control until menopause. These methods include oral contraceptives, inter uterine device (IUD), abdominal ablation, tubal ligation, or hysterectomy. You must bring proof of the above. No exception. These do not include withdrawal, condoms, rhythm method, or abstinence.

If you choose to do pain management in the state of Tennessee, you must comply with the state law. If pregnancy occurs and there are any problems with the infant, the state of Tennessee can prosecute up to 15 years imprisonment.

Patient Signature _____ Date _____

Staff Witness _____ Date _____

Smoking Policy

Please be advised that 1849 Madison St. is a smoke free campus. **Per Tennessee State Law 39-17-1805** anyone violating this policy will be subject to an individual violation of a **\$50.00 fine**. Business violations will be subject to a **\$100.00 - \$500.00 fine**. Any patient caught smoking will be given one warning. If this warning is ignored and **a patient of this office is in violation the fine must be paid prior to being seen for their appointment.**

Print Name _____ Date _____

Signature _____ Date _____

Weapons Policy

You are prohibited from carrying a weapon on the premises of Clarksville Pain Institute. This applies even if you are licensed to carry a handgun. Prohibited weapons include any form of weapon or explosive restricted under local, state or federal regulation. This includes all firearms, illegal knives or other weapons covered by the law. (Legal, chemical-dispensing devices such as pepper sprays that are sold commercially for personal protection are not covered by this policy.)

Signature _____ **Date** _____

Staff Witness _____ **Date** _____

No Child Policy

For the respect of our patients and staff, no children under the age of 12 will be allowed in the office during patient visits.

Printed Name

Signature

**PAIN INSTITUTE
TREATMENT PLAN**

Patient Name: _____

DOB: _____

Goals: To improve pain to assist with performing activities of daily living.

You will be receiving narcotics for the treatment of your pain. It is important that you understand that we have to monitor you closely. It is part of your treatment plan to be monitored by urinary drug screens every visit. Pain Institute of Clarksville will also monitor your medication use by pill counts, controlled substance database, and risk assessments. Please understand that if your pain does not significantly decrease and/or if your functions do not increase, medications will be stopped. By signing below, you affirm that you have been educated on risks and benefits of medication including serious adverse effects such as potentially fatal respiratory depression and common side effects like dry mouth, constipation, confusion, physical dependence and addiction. I have also been instructed to take medication exactly as prescribed and to never overtake, share or sell medications. It has been discussed with me, proper storage, and disposal of medications. I have also been educated on incorporating alternative, nonnarcotic therapies quarterly, such as the application of heat or ice and massage, injections, physical therapy, topical creams and bracing. I have been instructed to always swallow pills whole, never chew, crush or break. I was advised that mixing with alcohol may result in rapid release and absorption of a potentially fatal dose of medication.

By signing this agreement, I affirm that I have read, understand, and accept all of the terms of this plan.

Patient Signature: _____ **Date:** _____

Provider Signature: _____ **Date:** _____

NAME:

DATE:

SOAPP®-R

The following are some questions given to patients who are on or being considered for medication for their pain. Please answer each question as honestly as possible. There are no right or wrong answers.

	Never	Seldom	Sometimes	Often	Very Often
	0	1	2	3	4
1. How often do you have mood swings?	<input type="radio"/>				
2. How often have you felt a need for higher doses of medication to treat your pain?	<input type="radio"/>				
3. How often have you felt impatient with your doctors?	<input type="radio"/>				
4. How often have you felt that things are just too overwhelming that you can't handle them?	<input type="radio"/>				
5. How often is there tension in the home?	<input type="radio"/>				
6. How often have you counted pain pills to see how many are remaining?	<input type="radio"/>				
7. How often have you been concerned that people will judge you for taking pain medication?	<input type="radio"/>				
8. How often do you feel bored?	<input type="radio"/>				
9. How often have you taken more pain medication than you were supposed to?	<input type="radio"/>				
10. How often have you worried about being left alone?	<input type="radio"/>				
11. How often have you felt a craving for medication?	<input type="radio"/>				
12. How often have others expressed concern over your use of medication?	<input type="radio"/>				

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	Never	Seldom	Sometimes	Often	Very Often
	0	1	2	3	4
13. How often have any of your close friends had a problem with alcohol or drugs?	<input type="radio"/>				
14. How often have others told you that you had a bad temper?	<input type="radio"/>				
15. How often have you felt consumed by the need to get pain medication?	<input type="radio"/>				
16. How often have you run out of pain medication early?	<input type="radio"/>				
17. How often have others kept you from getting what you deserve?	<input type="radio"/>				
18. How often, in your lifetime, have you had legal problems or been arrested?	<input type="radio"/>				
19. How often have you attended an AA or NA meeting?	<input type="radio"/>				
20. How often have you been in an argument that was so out of control that someone got hurt?	<input type="radio"/>				
21. How often have you been sexually abused?	<input type="radio"/>				
22. How often have others suggested that you have a drug or alcohol problem?	<input type="radio"/>				
23. How often have you had to borrow pain medications from your family or friends?	<input type="radio"/>				
24. How often have you been treated for an alcohol or drug problem?	<input type="radio"/>				

*Please include any additional information you wish about the above answers.
Thank you.*

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NAME:

DATE:

COMM™

Please answer each question as honestly as possible. Keep in mind that we are only asking about the **past 30 days**. There are no right or wrong answers. If you are unsure about how to answer the question, please give the best answer you can.

Please answer the questions using the following scale:	Never	Seldom	Sometimes	Often	Very Often
	0	1	2	3	4
1. In the past 30 days, how often have you had trouble with thinking clearly or had memory problems?	<input type="radio"/>				
2. In the past 30 days, how often do people complain that you are not completing necessary tasks? (i.e., doing things that need to be done, such as going to class, work or appointments)	<input type="radio"/>				
3. In the past 30 days, how often have you had to go to someone other than your prescribing physician to get sufficient pain relief from medications? (i.e., another doctor, the Emergency Room, friends, street sources)	<input type="radio"/>				
4. In the past 30 days, how often have you taken your medications differently from how they are prescribed?	<input type="radio"/>				
5. In the past 30 days, how often have you seriously thought about hurting yourself?	<input type="radio"/>				
6. In the past 30 days, how much of your time was spent thinking about opioid medications (having enough, taking them, dosing schedule, etc.)?	<input type="radio"/>				
7. In the past 30 days, how often have you been in an argument?	<input type="radio"/>				
8. In the past 30 days, how often have you had trouble controlling your anger (e.g., road rage, screaming, etc.)?	<input type="radio"/>				

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Please answer the questions using the following scale:	Never	Seldom	Sometimes	Often	Very Often
	0	1	2	3	4
9. In the past 30 days, how often have you needed to take pain medications belonging to someone else?	<input type="radio"/>				
10. In the past 30 days, how often have you been worried about how you're handling your medications?	<input type="radio"/>				
11. In the past 30 days, how often have others been worried about how you're handling your medications?	<input type="radio"/>				
12. In the past 30 days, how often have you had to make an emergency phone call or show up at the clinic without an appointment?	<input type="radio"/>				
13. In the past 30 days, how often have you gotten angry with people?	<input type="radio"/>				
14. In the past 30 days, how often have you had to take more of your medication than prescribed?	<input type="radio"/>				
15. In the past 30 days, how often have you borrowed pain medication from someone else?	<input type="radio"/>				
16. In the past 30 days, how often have you used your pain medicine for symptoms other than for pain (e.g., to help you sleep, improve your mood, or relieve stress)?	<input type="radio"/>				
17. In the past 30 days, how often have you had to visit the Emergency Room?	<input type="radio"/>				

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PATIENT HEALTH QUESTIONNAIRE (PHQ-9)

NAME: _____

DATE: _____

Over the last 2 weeks, how often have you been bothered by any of the following problems?

(use "✓" to indicate your answer)

	Not at all	Several days	More than half the days	Nearly every day
1. Little interest or pleasure in doing things	0	1	2	3
2. Feeling down, depressed, or hopeless	0	1	2	3
3. Trouble falling or staying asleep, or sleeping too much	0	1	2	3
4. Feeling tired or having little energy	0	1	2	3
5. Poor appetite or overeating	0	1	2	3
6. Feeling bad about yourself—or that you are a failure or have let yourself or your family down	0	1	2	3
7. Trouble concentrating on things, such as reading the newspaper or watching television	0	1	2	3
8. Moving or speaking so slowly that other people could have noticed. Or the opposite—being so fidgety or restless that you have been moving around a lot more than usual	0	1	2	3
9. Thoughts that you would be better off dead, or of hurting yourself	0	1	2	3

add columns + +

(Healthcare professional: For interpretation of TOTAL, please refer to accompanying scoring card). TOTAL:

10. If you checked off <i>any</i> problems, how difficult have these problems made it for you to do your work, take care of things at home, or get along with other people?	Not difficult at all	_____
	Somewhat difficult	_____
	Very difficult	_____
	Extremely difficult	_____